



FIND IT. KEEP IT. PLAY IT.

You can use this chart to track your positivity during the week. Every time you complete one of the prompts fill-in a box with a star, sticker, etc. Fill-in all 9 boxes over the course of the week and earn a special prize!

BE A HELPFUL L.O.L. SURPRISE! DIVA!

Be a star and help a parent make dinner!	Sing a song to cheer up a family member!	Teamwork makes the dreamwork! Help out with weekend chores!

Complete each of these sweet tasks in a week to earn a special prize!